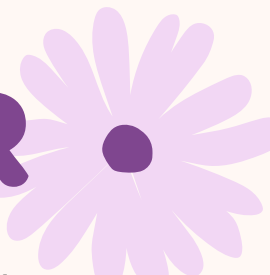


MARCH 2023

# Counseling CORNER

## SEL Update:



### Resources of the Month:

April is Community Service Month!

- Click [HERE](#) and [HERE](#) for articles about how volunteering can bolster mental health
- [Resource to see volunteer opportunities in our area!](#)



Stormonth 1st Grade students in their SEL lesson on healthy friendships!

This past month, our SEL lessons were focused on healthy friendships! We discussed with students what makes up a healthy friendship, which includes trust and treating their friends with respect. We discussed the importance of ensuring that each student's feelings and choices are respected in a friendship and reviewed how to talk to each other when conflicts or misunderstandings occur. In addition, thanks to the Education Foundation, our school was fortunate enough to have the Ability Center take over our PE classes. We were so grateful our students were able to learn more about the mission of the Ability Center and inclusive and adaptive sports and activities.

*-Amanda Burns & Gregory Neuburg*

We are truly grateful for the opportunity to provide our students enriching learning opportunities. The first week of the month The Ability Center hosted wheelchair basketball in all physical education classes. What an amazing learning experience! Mr. Neuburg added to that experience by providing lessons on empathy. During lessons students defined empathy and discussed why building connections with others helps us be healthy people. Mrs. James had the opportunity to travel to Washington DC with our 8th graders. Our tour guide, bus driver, and staff were incredibly proud of the 8th graders for being kind, inclusive and polite during the trip. A fun and rich experience was had by all.

*-Charity James & Gregory Neuburg*



Stormonth students working with the amazing staff from the Ability Center!

### Mental Health & Wellness at Fox Point-Bayside:

Please [CLICK HERE](#) to see our district's Mental Health Services & Partnerships:

- Clinical Psychology Associates
- Student and Family assistance Program (SFAP)

*Stormonth*

*Bayside*

### Ability Center!

[CLICK HERE](#) to learn more about the Ability Center that came in during our Physical Education Classes this month!


### Summer Pathways!


[CLICK HERE](#) to check out the Summer Pathways courses available for your students this summer!



Bayside Students participating in wheelchair basketball thanks to the Ability Center!

### Who we are following:

 [Wisconsin Office of Children's Mental Health](#)

 [@WisFamilyJS](#)



Mrs. James with 8th Grade Students in Washington D.C.!